



COVID-19 Screening

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

1. Fever or chills
2. Cough
3. Shortness of breath or difficulty breathing
4. Fatigue
5. Muscle or body aches
6. Headache
7. New loss of taste or smell
8. Sore throat
9. Congestion or runny nose
10. Nausea or vomiting
11. Diarrhea
12. Close contact with someone who has COVID-19
13. Travel within the last 14 days to one of the states that are on the quarantine list.

If you have any of the above signs or symptoms you should not come into the school building. You should call your PCP (who will screen you by phone and recommend next steps) or proceed to a facility equipped to test and treat patients with the virus.

If you were exposed to someone who has COVID-19 you should stay home from work for 14 days after exposure.

If you have the following symptoms you should go immediately to the emergency room:

- a. Difficulty breathing or shortness of breath.
- b. Persistent pain or pressure in the chest.
- c. New confusion or inability to arouse. Or
- d. Bluish lips or face.

Rochester area testing centers are at the Emergency Room at both Strong Memorial Hospital and Rochester General Hospital.

Updated 7-21-2020